

Erasmus courses for teachers (Mallorca)



INFORMATION BROCHURE

About our academy (IIF)

Founded in 2017, IIF is dedicated to empowering European educators through high-quality, innovative professional development. Apart from offering Erasmus courses for teachers, our academy also specializes in delivering comprehensive language training, offering dynamic English courses both right here in Artà as well as coordinating longer immersion stays abroad.



Why Choose IIF for your Erasmus+ Mobility?

- **Guaranteed Small Groups:** To ensure premium quality, individual attention, and an intimate learning environment, we strictly limit our classes to a **maximum of 8 participants per course**.
- **The Best of Both Worlds:** What truly makes our programs unique is our integrated approach to professional training. We seamlessly combine core theoretical modules and practical workshops with **educational visits to two local schools**, effectively turning your experience into a powerful hybrid of a **structured course and a job shadowing mobility**.
- **Collaborative Learning:** At IIF, you will find an enriching environment where you can exchange best practices with international peers and return to your home institution with contextualized, ready-to-use tools for immediate classroom implementation. We bridge academic excellence with a personalized, warm approach to ensure your Erasmus+ mobility is unforgettable.

Discover Artà and its surroundings

Forget the crowded tourist hubs—welcome to the authentic Mallorca. Located in the northeast of the island, **Artà** is a historic, picturesque town that beautifully blends traditional Balearic culture, breathtaking landscapes, and artistic heritage.

- **The Town:** Walk along the narrow stone streets, explore the local artisan markets, and climb up to the spectacular Santuari de Sant Salvador, a walled fortress offering 360-degree views of the valleys and mountains.



- **The Nature:** Artà sits right at the edge of the *Parc Natural de la Península de Llevant*, perfect for hiking. Just a few minutes away, you will find pristine, untouched beaches (*calas*) like Cala Torta and Cala Mitjana.



- **The Vibe:** Artà is a vibrant cultural hub filled with local cafes, art galleries, and a relaxed atmosphere—the perfect, stress-free environment to unwind, focus on mental wellbeing, and learn.



Our Erasmus+ courses

Wellbeing for educators

- **Overview:** This course is designed to help teachers improve their personal wellbeing and mental health, equipping them with strategies to maintain a positive mindset and prevent burnout. Additionally, participants learn simple mindfulness techniques to support their students dealing with anxiety or stress. What makes this course truly experiential is its focus on holistic lifestyle tools, mixing classroom theory with real-life wellness practices set against Mallorca's breathtaking landscapes.
- **Special Immersive Features Included:**
 - **Professional Yoga Classes:** Reconnect with your body through specialized yoga sessions guided by a certified professional instructor, adaptable to all experience levels.
 - **Mindful Sunset Watching:** Experience nature's calming power first-hand with a guided group meditation during one of Mallorca's famous Mediterranean sunsets.
 - **Healthy Cooking Workshop:** Discover the deep connection between nutrition and emotional balance in an interactive, hands-on cooking session.
 - **Journaling & Mindfulness Techniques:** Master personal reflection frameworks, journaling habits, and quick grounding exercises that you can practice daily and easily introduce to your students.





- **Key Learning Outcomes:**

- Understand the importance of mental health, resilience, and wellbeing in education.
- Develop practical, daily strategies to reduce stress and prevent burnout.
- Gain knowledge of simple mindfulness and journaling techniques to support yourself and your students.
- Explore the active role of nutrition, physical movement, and nature in overall wellbeing.
- Develop a customized wellbeing action plan portfolio to implement at your home school.

- **Total hours: 30h**

Teaching in the Digital age: Practical ICT Tools for Educators

- **Overview:** This course explores how teachers can integrate ICT tools into their daily teaching to enhance student engagement, facilitate lesson planning, and create innovative educational materials. It features a critical approach to digitalization and artificial intelligence in schools.

- **Key Learning Outcomes:**

- Gain confidence in using digital tools for lesson planning and content creation.
- Understand the pros and cons of digitalization and AI in modern education.
- Learn how to use gamification and interactive platforms (e.g., baamboozle, Genially, digital escape rooms, ConnectionsPlus.io).
- Develop skills to create engaging multimedia content, including podcasts

and videos.

- Design a custom, ICT-integrated flipped classroom lesson plan.
- **Total hours: 30h**

School Radio & Podcasting

- **Overview:** In today's digital age, school radio and podcasting act as powerful platforms that amplify students' voices, foster creativity, enable inclusion, and enhance communication skills. This course provides a complete pedagogical and technical roadmap to successfully launch audio projects in your classroom, fully tailored to accessible, modern tools.
- **No Special Equipment Required:** A common misconception is that you need an expensive studio setup to start. **To participate in this course, your school does not need to have a pre-existing radio station.** Our trainers will show you exactly how to produce high-quality podcasts using **minimum equipment on a low budget**—proving that a smartphone, a basic microphone, and free software are all it takes to achieve amazing classroom results.
- **Immersive School Visits:** While you learn the low-budget hacks in our academy, our **two local school visits** will take you inside fully functional school radio environments. Here, you will experience firsthand how a school radio operates in real life, watch live student broadcasts, and talk directly with local staff about their studio setups and daily project management.
- **Key Learning Outcomes:**
 - Understand the pedagogical role of school radio in fostering communication, language acquisition, and student inclusion.
 - Learn how to technically set up a school radio and podcasting studio using basic, budget-friendly equipment.
 - Master accessible editing software and free digital tools like Audacity, Podcastle, and the strategic role of AI in audio formatting.
 - Receive a step-by-step guide on podcast creation: from storytelling and scriptwriting to recording, mixing, and digital dissemination.
 - Create and walk away with your own ready-to-publish podcast project developed during our practical workshops
- **Total hours: 30h**



English for teachers

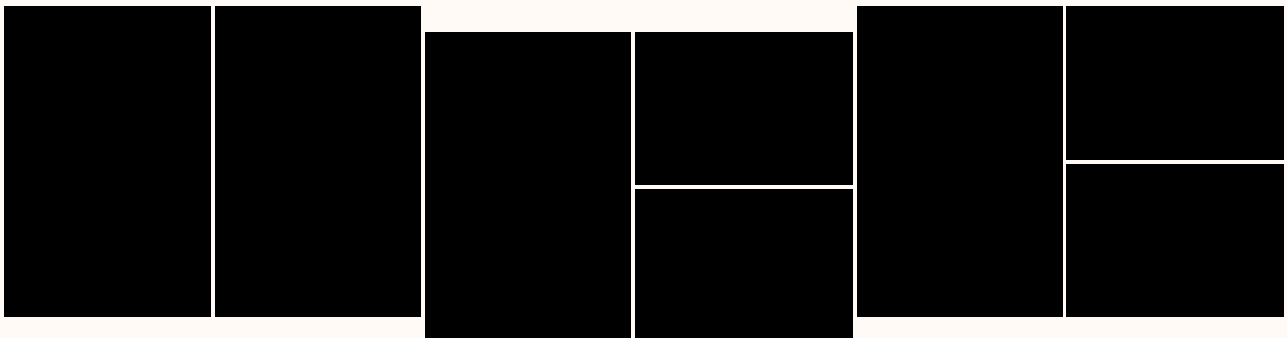
- **Overview:** Crafted specifically for educators with an A2 to B1 English level who wish to boost their English communication skills. The course combines English-centered lessons, interactive workshops, and experiential field activities that immerse participants in Mallorcan culture to make them comfortable using English in the classroom, during Erasmus mobilities, or in daily life.
- **Learn with Native Speakers:** To ensure the highest pedagogical quality and a truly immersive language experience, **our academy counts on native English speakers to offer professional treatment and authentic language instruction.** Learning directly from native professionals guarantees that you will absorb natural pronunciation, idiomatic expressions, and classroom vocabulary that will instantly elevate your teaching.
- **Key Learning Outcomes:**
 - Enhance English proficiency and improve oral fluency through real-life English interactions with native trainers and European peers.
 - Build confidence to use English more naturally and spontaneously in everyday and classroom settings.
 - Strengthen intercultural awareness and appreciation of diverse European traditions.
 - Create contextualized educational content by bridging real-life field experiences with classroom learning.
- **Total hours: 30h**



School visits & cultural activities

We strongly believe that learning expands far beyond the classroom walls. Every IIF course offers two educational school visits and is meticulously designed to offer cultural immersion.:

- **Educational Visits to Local Schools:** Observe real-world best practices in action! Our courses include professional visits to innovative local schools in Mallorca. This offers a prime opportunity to interact with local staff and students, exchange good practices, and build future project partnerships.
- **Extra Cultural Activities:**
 - **Welcome Event:** Network with fellow European teachers while enjoying a traditional wine and tapas tasting experience.
 - **Excursion to Palma de Mallorca:** An optional guided visit to the vibrant capital of the island to explore its historic Gothic architecture, bustling markets, and beautiful coastline.
 - **Nature Immersion:** Experiential outdoor field activities, such as mindful walks through the Llevant Natural Park, to discover the local environment.



Meet our staff



TÒFOL MASSANET FRONTERA

Tòfol Massanet Frontera is the co-founder and owner of IIF, bringing a lifelong dedication to international language learning to the academy's core mission. Since 2014, he has served as a dedicated English teacher at the Sant Salvador secondary school right here in Artà, giving him deep roots in the local educational community. Balancing his passion for daily teaching with international education management, Tòfol actively coordinates Erasmus+ teacher training mobilities alongside organizing premium, long-term language immersion stays for both children and adults in English-speaking countries. His extensive experience in intercultural exchange ensures that every participant at IIF receives highly organized, professional, and impactful European mobility support.



KATERINA SRPOVA

Katerina is an experienced educator and core lecturer at IIF, specialized in coaching both our Podcasting and Wellbeing courses. She holds a degree in English and Russian literature from the prestigious Charles University of Prague. Since 2013, she has worked as an English teacher and Erasmus coordinator at the Es Lledoner secondary school in Felanitx, Mallorca, where she also co-founded the institution's school radio station. Deeply involved in digital innovation, Katerina has worked as a podcasting coach for Mallorcan teachers through Ibsteam. In addition to her extensive language and media background, she holds a specialized diploma in mindfulness, positive psychology, and emotional management from the IEPP and La Salle Centro Universitario, allowing her to bring a unique, holistic, and deeply practical approach to her training sessions.



AMY MURRAY

Amy Murray is a native English lecturer who has been a core member of the IIF teaching team since the academy first opened its doors. Originally from Scotland, Amy brings a wealth of cultural authenticity and a highly dynamic energy to the classroom. She specializes in a purely communicative approach to language learning, designing interactive lessons that remove the stress of grammar drilling and make mastering English natural, accessible, and fun. Her professional, warm approach helps teachers of all levels rapidly build their speaking confidence, ensuring an engaging and highly supportive environment for everyone.



LAURA MICHELETTI

Laura is a certified yoga instructor who brings an extraordinary international and holistic background to our Wellbeing course. Born in Bergamo, Italy, and holding a degree in International Cooperation, Laura's yoga journey began in 2007 in Northern India, where she lived and worked as a Hindi interpreter. Immersed in the practice alongside local communities, she developed a deep life philosophy based on the balance between "action and contemplation"—using physical postures (asanas) and breathwork to heal the body while bringing clarity and stillness to the mind. Professionally certified by Sampoorna Yoga in Spain and further trained by Natalia Paisano in Mallorca, Laura has been running her own successful yoga studio right here in Artà since 2020. Her sessions offer our participating teachers an authentic space to decompress, recharge, and learn stress-relief tools to bring back to their own classrooms.

Practical information:

Transport & Accommodation

Transport Tips

- **Arriving by Air:** Fly into **Palma de Mallorca Airport (PMI)**, which has direct flights to almost all European capitals.
- **Reaching Artà via Public Transport:** Take the **A1 bus** from the airport to Palma city center (Intermodal Station). From there, catch the **T3 train** to Manacor, and take a quick transfer onto the **411 bus** directly into Artà. Alternatively, direct airport shuttle buses (such as the **A42**) serve the area during high season.
- **Car Rental:** Car rentals are highly recommended directly from the airport terminal if you wish to explore Mallorca's hidden beaches and historic mountain ranges during your free afternoons.
- **Taxi Service:** For maximum convenience and a faster door-to-door transfer from Palma Airport directly to your accommodation in Artà, you can comfortably take a taxi. Prices are typically around **100€** for the trip. (<https://www.taximallorca365.com/destinos/arta>)

Accommodation Tips

Artà offers lovely, charming options that match the relaxing vibe of our courses. We recommend booking early:

- **Fincas & Rural Hotels:** Traditional converted Mallorcan estates surrounded by nature, perfect for a peaceful stay.
- **Local Apartments & Airbnbs:** Ideal if you are traveling with colleagues from the same school and want to share cooking facilities.

<https://baudot1926.com/hotel-casal-d-arta/>

<https://fornnou-arta.com/es>

<https://www.myroomshotels.es/mra>

- **Nearby Coastal Hotels (Cala Ratjada):** Located just 10-15 minutes away by local bus, perfect if you prefer a beachside stay after morning classes.

Prices & cancellation policy

Course Fee & Funding (fully covered by your Erasmus grant)

- **Standard Course Price: €480** per participant (6-day program).
- **The course package** includes all classes, practical workshops, and school visits. Accommodation, meals, and transportation are not included and must be arranged separately.

Cancellation & Changes

The organizers reserve the right to make minor adjustments to the program if necessary. In case of significant changes, participants will be informed in advance.

Free cancellation up to 6 weeks before the course start date.

No refunds for cancellations made less than 6 weeks before the course start date.

Upcoming courses for 2026/2027

Wellbeing for Educators	5/10/2026 - 10/10/2026 10/5/2027 - 15/5/2027
Teaching in the Digital Age	25/1/2027 - 30/1/2027
School Radio and Podcasting	12/10/2026 - 17/10/2026
English for teachers	5/10/2026 - 10/10/2026 12/10/2026 - 17/10/2026 25/1/2027 - 30/1/2027 10/5/2027 - 15/5/2027

Ready to join us in Mallorca?

To secure your spot in our limited small groups, **participants must register by clicking on the "Register" button on our official website.**

- **Browse Courses & Register:** www.iifutur.net
 - **Contact our Erasmus+ Support Team:** coursesiif@gmail.com
 - **Phone number:** +34 667 097 347 (Katerina)
 - **Organization ID (OID):** E10336735
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